

Hotlines and Resources for Teens

Lesson Plan

Directions:

1. Working in pairs, use Teen Health & Wellness at www.teenhealthandwellness.com to research resources and hotlines for one of the topics below.
2. After selecting a topic, get it approved before beginning. Each group must have a different topic; there can be no duplicates.
3. Once you have completed your research, with your partner create a poster to hang in the hallway or library. Be sure to include:
 - A. Your topic name and brief description.
 - B. Phone numbers for immediate help. You may have to call the 800-number to find local numbers and hotlines.
 - C. The name of a teacher or staff member to go to for additional support.
 - D. Pictures and images. You can use your own design or do an image search on netTrekker.

Topics:

- AIDS and HIV
- Alcohol and Drugs
- Depression
- Eating Disorders
- Grief and Loss
- Homelessness and Runaways
- Mental Health
- Rape, Sexual Violence, and Domestic Violence
- School Violence
- Sexuality and Sexual Health
- Stress and Anxiety
- Suicide
- Teen Parenting
- Teen Pregnancy

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