

AT A GLANCE

- **Program Overview:** Limitless Libraries is a partnership between the Nashville Public Library and Metro Nashville Public Schools to foster resource sharing between the two and improve student access to learning materials.
- **Population served:** 16 high schools, 35 middle schools, and 3 exceptional education schools; 25,000 students
- Ethnically and economically diverse population spread throughout the county



Stephanie Ham
Project Coordinator

TEEN HEALTH & WELLNESS STORY

LIMITLESS LIBRARIES NASHVILLE, TN

Why Teen Health and Wellness?

“Purchasing Teen Health & Wellness was a perfect fit for Limitless Libraries. Because we serve only middle and high school students, we are constantly searching for electronic resources that will fit their needs, as well as fulfill curriculum needs for teachers. Teen Health & Wellness was the obvious choice, as it is tailored to teens to answer both the academic and personal questions they may have.

Teachers and librarians alike rave about the content and how there is an app available, as we know that almost all teens have smart phones. Anytime I mention the resource at meetings, school librarians comment, “Oh my teachers love it!” The support and specialized promotional materials regarding bullying got many school librarians excited and anxious to get personalized materials in their library. Teen Health & Wellness has filled a void for many schools and we are happy to provide the resources that are needed to support both personal and academic achievement.”

How has it been used?

Hillsboro High School Librarian, Hope Hall: “I showed it to every freshman as part of Freshman Library Orientation. I stressed the confidentiality of using Teen Health & Wellness and the accurate information. I told them to share with friends and family, and I showed them the free hotlines and local resources.”

Hillsboro has also used Teen Health & Wellness for annotated bibliographies and as a resource during a Wellness class unit on drugs.

“The #1 thing that I have done is promote the free mobile app. I ask students every time I show them databases—and this included all the freshmen—to download the app. Then I show them how to utilize it, and I see them go right away to using it.”

Teen Health & Wellness

real life • real answers

You can view more case studies on Teen Health & Wellness here:

www.teenhealthandwellness.com/static/case_studies

Teen Health & Wellness is the award-winning, critically-acclaimed online resource that provides middle school and high school students with nonjudgmental, straightforward, standards-aligned, curricular and self-help support. Topics range from diseases, nutrition, and mental health to drugs and alcohol, bullying, suicide, green living, and financial literacy. To learn more about **Teen Health & Wellness** and sign up for a **FREE 30-day trial**, visit teenhealthandwellness.com.

Top 10 Digital Resource, *School Library Journal*

Best Reference Source, *Library Journal*

Best New Product, Readers' Choice Awards, *The Charleston Advisor*

"A ground-breaking database. ... A+. ... The front-runner in health information for teenagers and a definite must-have for all high school and public libraries." —*School Library Journal*

"We were impressed with the **quality and variety of the information**, the look of the Web site, and the ease of navigation. Our health education experts enthusiastically approved the content." —*Paul Whitsitt, Director of Reading & Language Arts, Chicago Public Schools*

"We use it for our **health classes, sociology and psychology classes**—and the students use it for themselves. The school nurse, counselors, psychologist, and other staff appreciate it, too, and often recommend it to parents as well as students." —*Sara Kelly Johns, Library Media Specialist, Lake Placid Middle/Senior High School Library Media Center, NY*

"Wow, this is what I call a reference experience! ... The attention to detail in citing, writing, reviewing, and updating make the information very authoritative." —*Sue Polanka, Head of Reference, Wright State University; Chair, Editorial Board, Reference Books Bulletin*

"Rosen Publishing has definitely **set the standard for interactive databases** that provide up-to-date information for kids on topics that demand answers. In summary: **It's the best thing out there since sliced bread!**" —*Shonda Brisco, Assistant Professor/Curriculum Materials Librarian, Oklahoma State University*



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